

## KS2 Physical Education Concept and Curriculum Map



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Movement							Tactics							Technique					
How we traverse and control our bodies during physical activities.							Game playing, strategy and reflecting on their performance.							The building blocks or skills that enable us to play sports.					
Sports: Dance, Gymnastics and all invasion games							Sports: All invasion games						Sports: All sporting activities						
Ruby						Sapphire							Topaz						
Curriculum Content:							Curriculum Content:							Curriculum Content:					
<ul> <li>Use running, jumping, throwing and catching in isolation and in combination (Technique, Movement)</li> <li>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending (Technique, Movement, Tactics)</li> <li>Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] (Technique, Movement)</li> <li>Perform dances using a range of movement patterns (Technique, Movement)</li> <li>Take part in outdoor and adventurous activity challenges both individually and within a team (Technique, Tactics)</li> <li>Compare their performances with previous ones and demonstrate improvement to achieve their personal best. (Tactics)</li> </ul>												<ul> <li>Curriculum Content:         <ul> <li>Use running, jumping, throwing and catching in isolation and in combination (Technique, Movement)</li> <li>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending (Technique, Movement, Tactics)</li> <li>Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] (Technique, Movement)</li> <li>Perform dances using a range of movement patterns (Technique, Movement)</li> <li>Take part in outdoor and adventurous activity challenges both individually and within a team (Technique, Tactics)</li> <li>Compare their performances with previous ones and demonstrate improvement to achieve their personal best. (Tactics)</li> <li>Swim competently, confidently and proficiently over a distance of at least 25 metres (Technique, Movement, Tactics)</li> <li>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] (Technique, Movement, Tactics)</li> <li>Perform safe self-rescue in different water-based</li> </ul> </li> </ul>							
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Ball skills	Team games	Ball skills	Fitness	OAA (Tochnique	Team games		Team	Ball skills	Fitness	OAA (Tachnique	Team	Ball skills	Team	Ball skills	Fitness	OAA (Tochnique	Team		
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OAA	Dance	Gymnastics	Dance	Gymnastics	Athletics	OAA	Dance	Gymnastics	Dance	Gymnastics	Athletics	Swimming	Dance	Gymnastics	Dance	Gymnastics	Athletics		
(Technique, Movement,	(Technique, Movement)	(Technique, Movement)	(Technique, Movement)	(Technique, Movement)	(Technique, Movement,	(Technique, Movement,	(Technique, Movement)		(Technique, Movement)	(Technique, Movement)	(Technique, Movement,	(Technique, Movement)	(Technique, Movement)	(Technique, Movement)	(Technique, Movement)		(Technique, Movement,		
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