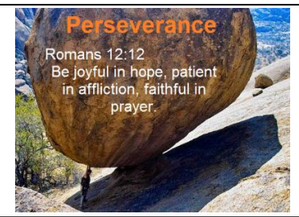
Abbas and Templecombe Church of England Primary School

KS1 Physical Education Concept and Curriculum Map



Movement	Tactics	Technique
How we traverse and control our bodies during physical activities.	Game playing, strategy and reflecting on their performance.	The building blocks or skills that enable us to play sports.
Sports: Dance, Gymnastics and all invasion games	**Sports:** All invasion games	**Sports:** All sporting activities

Diamond

Curriculum Content:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities (Technique, Movement)
- Participate in team games, developing simple tactics for attacking and defending (Technique, Movement, Tactics)
- Perform dances using simple movement patterns (Technique, Movement)

ELG Content:

- Negotiate space and obstacles safely, with consideration for themselves and others. (Movement)
- Demonstrate strength, balance and coordination when playing. (Technique, Movement)
- Move energetically, such as running, jumping, hopping, skipping and climbing. (Technique, Movement)

Emerald

Curriculum Content:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities (Technique, Movement)
- Participate in team games, developing simple tactics for attacking and defending (Technique, Movement, Tactics)
- Perform dances using simple movement patterns (Technique, Movement)

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Yoga (Movement)	Dance (Technique, Movement)	Gymnastics (Technique, Movement)	Ball skills (Technique, Movement)	Team games / OAA (Technique, Movement, Tactics)	Athletics (Technique, Movement)	Throwing and Catching (Technique, Movement)	Invasion Games (Technique, Movement, Tactics)	Attacking and Defending (Technique, Movement, Tactics)	Bat and Ball (Technique, Movement, Tactics)	Running and Jumping (Technique, Movement)	Athletics (Technique, Movement, Tactics)
Basic movement (Movement)	Agility and Balance (Technique, Movement)	Balance / Jumping (Technique, Movement)	Attack / Defence (Technique, Movement, Tactics)	Throwing / Catching (Technique, Movement)	Running / Jumping / Throwing (Technique, Movement)	Gymnastics (Technique, Movement)	Dance (Technique, Movement)	Circuit Training (Technique, Movement)	Dance (Technique, Movement)	Gymnastics (Technique, Movement)	Yoga and Balance (Technique, Movement)